

ELTHAM GREEN

A Specialist Sports College

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Headteacher: Mrs J Pickering MA

Chair of Governors: Mr J Draper

Dear ,

A number of children have been absent from the school with high temperatures and flu like symptoms. It is possible that these infections are due to swine flu which is now circulating widely in the local area.

Symptoms of swine flu include a high temperature, cough, runny nose, sore throat, headache, limb/joint pains and possibly diarrhoea and vomiting.

Advice from the Health Protection Agency is set out below.

What you can do

1. It is important that the school are aware of any diagnoses that have been made by your GP. Please contact the school through the normal channels.
2. In the meantime, if your child is unwell, it is important for them to remain at home until they are recovered.
3. Attention to personal hygiene is an important when trying to control these types of illnesses. Please help your child to blow their nose into a tissue, put the tissues in the bin and wash their hands when they have been to the toilet and before eating food.
4. Please call your GP or *NHS Direct* on 0845 46 47 if you require medical assistance.

Thank you for your cooperation.

Yours sincerely



Joan Pickering
Headteaching